
Presents

Ozone Therapy with Injectable Nutrients and Pain Management Workshop

Primary – Level 1 & Advanced – Level 2



Workshop Dates

8th, 9th, 10th & 11th December 2023

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Level 1

8th & 9th December, 2023

Comprehensive Workshop on Ozone Therapy

Attendees will be introduced to the biochemical, physiological, immunological, and circulatory effects of Ozone therapy. The student will leave with an appreciation of how and why Ozone therapy can be so effective in so many disorders.

This is the perfect workshop to help practitioners get started immediately in using various Ozone therapies in their clinical practice for effective results.

Learn the correct protocols as practiced internationally, in a relaxed and enjoyable learning environment.

Topics Covered during workshop :

- Intro, history, safety, global scenario, Oxygen, Ozonators.
- Concept of conc., vol., dose. Various units, calculating the dose.
- How does Ozone work?
 - Oxidants and antioxidants, oxidative stress and diseases
 - Effect of Ozone on RBC metabolism, effect of Ozone on WBC and immunity, and platelets.
 - Effect of Ozone in I/R injury, effect on inflammation and pain

External Ozone applications – Theory and Demonstration of Application.

- Ozonated Water
- Ozonated Oil
- Ozone Bagging
- Ozone funneling
- Ozone steam bath

Importance of case taking and Scope & limitation

Ozone applications – Non-invasive and Invasive applications – Theory and demonstration of following application.

- Ear Insufflation
- Rectal Insufflation,
- Vaginal Insufflation,
- Bladder Insufflations,
- Breathing ozone through oil,
- Intra-articular/peri-articular,
- Subcutaneous/intradermal,
- Microinjections at biologically active points,
- Minor Autohemotherapy,
- Major Autohemotherapy,
- Intravenous infusion of Ozonated Saline.

Precautions, Dosage guidelines

Protocols of Ozone therapy for different disease management (more than 25 different disease management will be shared)

Aseptic precautions

Level 2

Level 2 – 10th & 11th December, 2023

Advanced Pain Management & Ozone Therapy – Hands-on training and Injectable Nutrients

10th December, 2023

- Ozone therapy and advanced pain management
- Surface anatomy for pain management
- Understanding different injection techniques

11th December, 2023: Injectable Nutrients

Injectable nutrients represent an innovative approach to enhancing our nutritional status and overall health.

During this workshop, we will explore the concept of injectable nutrients, which involves the intravenous or intramuscular administration of vitamins, minerals, and other essential compounds directly into the bloodstream. This method has gained popularity for its potential to boost energy, support immune function, improve skin health, and aid in recovery from various health conditions.

- The Science Behind Injectable Nutrients
- Commonly Used Nutrients
- Indications and Applications
- Safety and Considerations
- Practical Insights
- Q&A and Interactive Discussion

Resource person & Workshop Organisers:



Dr. A. Sreekumar

Founder & Chairman, Soukhya Foundation
& Wellness Solutions Pvt Ltd.



Dr. Mili Shah

Trustee - Bisleri Charitable Trust &
President - Ozone Forum of India.



Dr. Jignasha Captain

Director - Development,
Ozone Forum of India.



Dr. Srikanth Sundaresh

MBBS D.Orthopaedics. (PhD) -
Consultant Orthopaedic Surgeon - Mysore



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8th, 9th, 10th & 11th December, 2023

Level 1 – 8th & 9th December, 2023

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For registration, contact

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Starlit Suites

6/58 KHB Building NH47 Bypass Rd,
Near Kairali Granites, Vijaya Nagar,
Maradu, Kochi, Kerala 682304

Fees include 4 days training program, all attendees will receive:

- Certificate of training program by
Ozone Forum of India
- Membership of Ozone Forum of India
- Certificate of Completion from
Soukhya Foundation

Ozone Therapy

**a powerful complementary
natural therapy**

Indian Ozone Therapy training is unique as we make you understand science and logic of practising integrated medicine with ozone along with injectable nutrients.

We have conducted more than 97 ozone therapy training in India and have trained more than 2600 doctors across India, Malaysia, UAE, Bangladesh, etc.



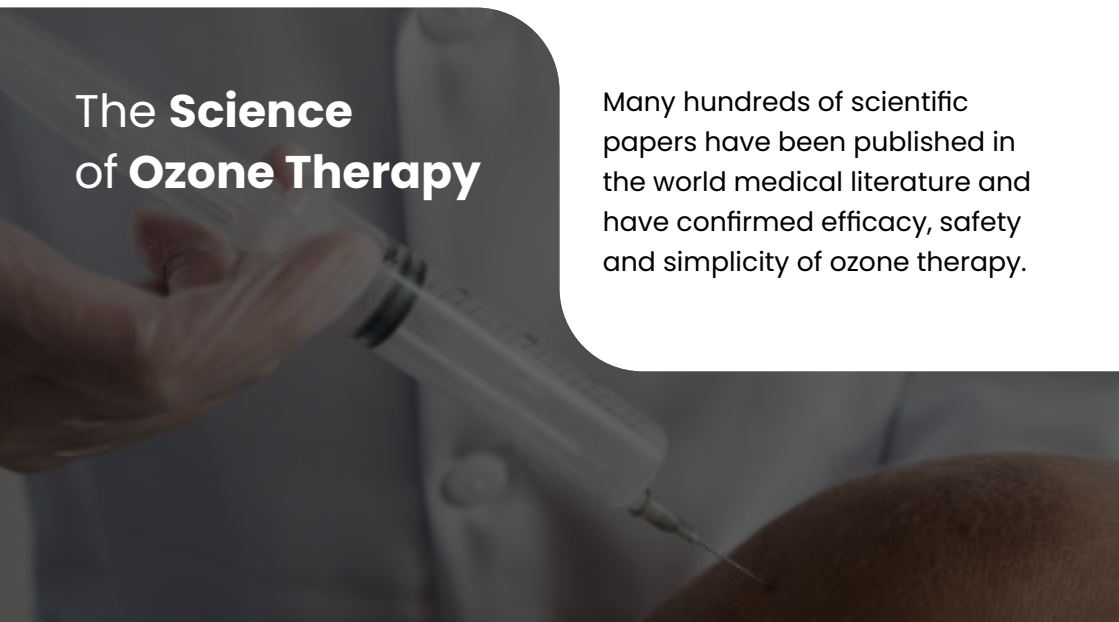
As you may know, OZONE THERAPY was discovered in Germany well over one hundred years ago but did not come in common use till recently. It is now becoming more popular in various parts of the world. NOW, Ozone Therapy Clinics are being established in various parts of India to compliment treatments in other existing medical clinics and hospitals. It is NOT Hyperbaric Oxygen Therapy, which is quite different and complex. **Ozone therapy is safe, simple and painless.**

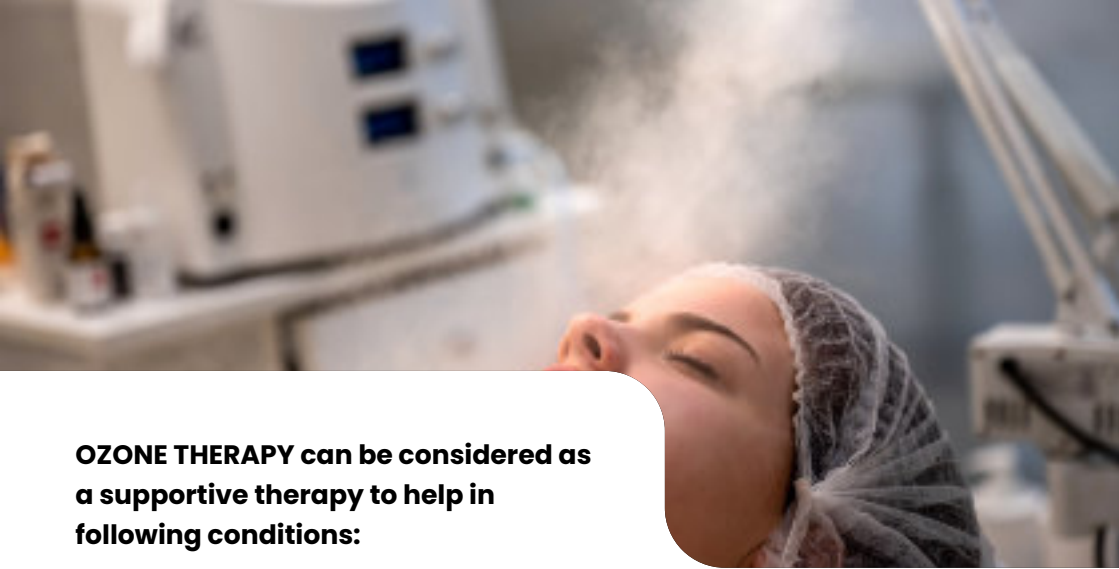
Ozone cannot be given directly through nose like oxygen. Exactly measured quantities of Ozone gas are administered through rectum as an enema, vagina, ear drums, mixed in blood or saline infusions. Ozone gas and ozonized oils are also applied over the affected parts and ulcers for quick healing. Each treatment takes only a few minutes. No anaesthesia is required and patients can talk cheerfully during the treatment. These sessions are given two or three times weekly for total of about 15 to 20 sittings. It may be continued thereafter if needed.

With the mounting cost of health care and increasing incidences of side effects, more and more people are trying out alternative therapies. Ozone therapy is an incredible rejuvenator, normalizer, detoxifier, regenerator, immune enhancer and physical and mental energizer.

The Science of Ozone Therapy

Many hundreds of scientific papers have been published in the world medical literature and have confirmed efficacy, safety and simplicity of ozone therapy.





OZONE THERAPY can be considered as a supportive therapy to help in following conditions:



Chronic infections due to viruses, bacteria, fungi and other germs.



Non-healing wounds and ulcers, diabetic ulcers, surgical wound infections.



Circulatory disorders.



Gynaecological infection.



Skin conditions like eczema, infections, bedsores, ulcers.



Ear Nose Throat ENT infections, Sinus infections, Bronchitis etc.



Arthritis, Rheumatism, Backaches, Spondylitis.



Help in cancer as supportive treatment to other mainline treatments.



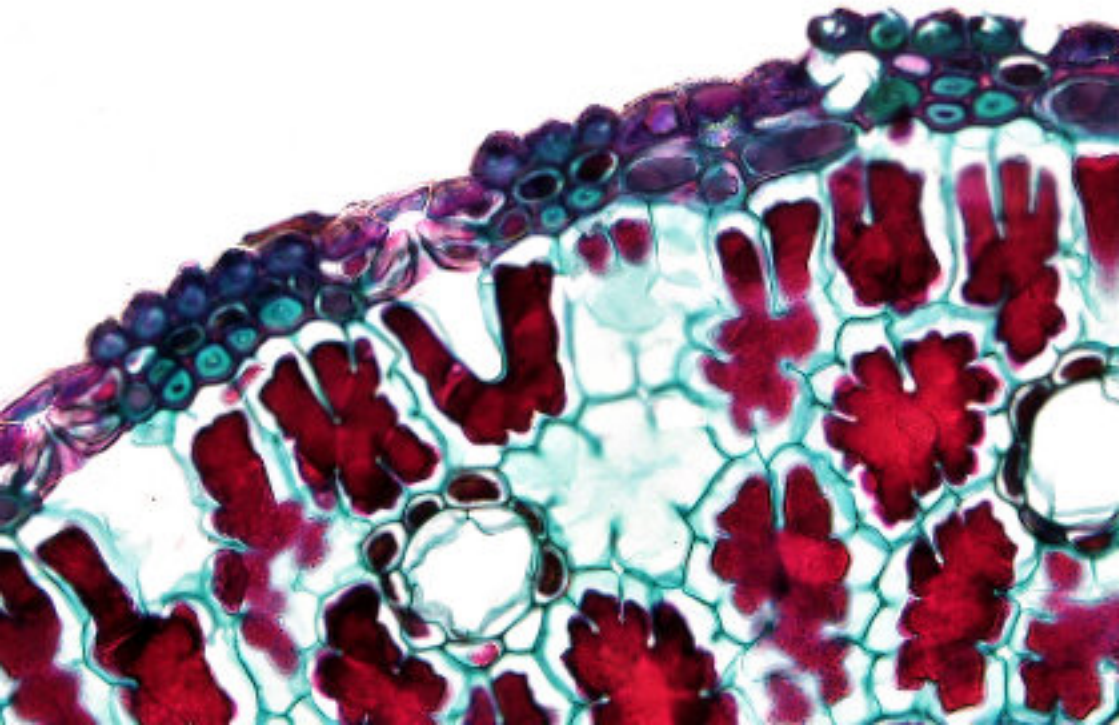
Liver diseases, cirrhosis, hepatitis.



Brain disorders, Parkinson's, Memory Impairments, etc.

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Contact For Inquiries and Admission



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